SARA Codes of Educational Practice

All SARA Practitioners and Teachers are required to teach SARA classes using the *Let Animals Lead*® method and by following SARA Codes of Educational Practice:

- Teach in the spirit of the Animal Reiki Practitioner Code of Ethics.
- Teach by modeling the Reiki precepts. For today only, do not anger, do not worry, be humble, be honest, be compassionate.
- Teach all SARA classes using only SARA, Animal Reiki Source and Kathleen Prasad teachings/materials.
- Teach all SARA classes in-person. We do not allow any of our materials to be taught online by our SARA Teachers or Practitioners.
- When teaching a Level 1, Level 2 and/or the Animal Reiki for Reiki Practitioners class, The Animal Reiki Handbook must be included as a class handout.
- All Classes should include teacher explanation, guided practice, independent practice and practice with animals.
- Provide ongoing support for students, preferably with regular Reiki practice groups.
- Teach any SARA class (i.e. Shoden, Okuden and Shinpiden) or SARA workshop in accordance with the policies and guidelines for that particular class, as set forth on the SARA website under the full class description. This includes the guidelines for minimum number of hours for each class and adherence to the Policy on Donations and Fees.

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